

# Do now

## Page 6

### Stretch

Why is it important to be kind to each other?

# Tick and fix

How can you report any problems, issues or concerns at school?

Speak to a Trusted Adult or [safe@castle-tmet.uk](mailto:safe@castle-tmet.uk)

## Stretch

Why is it important to be kind to each other?

**Big question: How can you challenge and report sexual harassment?**

# Ground Rules

**Safe Space**

**Show Mutual Respect**

**Challenge Yourself**

# What is sexual harassment?

**Sexual harassment is any form of unwanted sexual behaviour.**

**Sexual harassment can happen to anyone. However it happens, it is never your fault and there are lots of ways to get support.**

# What is sexual harassment?

**Turn and talk:** What is sexual harassment?

# What is sexual harassment?

It's important to know that **if someone else's behaviour is making you feel uncomfortable then it's not okay**, and there are ways you can get help.

# What counts as sexual harassment?

- Someone making sexual comments, jokes or gestures, including jokes about sexuality
- Spreading sexual rumours about you
- Over-exaggerated, suggestive staring at your body
- Calling you names of a sexual nature
- Sending unwanted sexual emails, DMs or text messages
- Offering rewards in return for sexual favours
- Showing sexual photos or videos at school or work
- Lifting up your skirt or top or pulling down your trousers. It also includes flicking bra straps
- Someone exposing private parts of their body or touching themselves inappropriately in front of you
- Pressuring you to do sexual things that you don't want to do
- Unwanted touching or physical contact without your consent

# What does the law say?

Harassment is both a criminal offence and a civil action under the **Protection from Harassment Act 1997**.

Someone can be prosecuted in the **criminal** courts if they harass you. You can take action against the person in the **civil** courts.

- Harassment - maximum of six months imprisonment and/or a fine
- Fear of violence involved with the harassment or stalking - maximum of ten years imprisonment and/or a fine.
- If a person is **acquitted** the courts can still apply a **restraining order**.

# What is flirting?

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**MWBs in pairs:** Do you think the following statements apply to flirting or sexual harassment?

1. Is wanted attention

2. Is unwanted attention

3. Is fun for both people

4. Feels degrading

5. Is complimentary

6. Is non-threatening and feels equal

7. Makes you feel awkward

8. Is legal

9. Feel trapped and you cannot escape

10. Is illegal

11. Feels ok and nice

12. A power imbalance

13. Feels bad and negative

14. Is fun for just one person

15. Is one-sided

16. Can ruin self esteem of receiver

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## Sexual harassment

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# What should you do?

If you have been sexually harassed, **it is not your fault**, and no one should have to put up with it.

**Ask them to stop**

**Make a note of what happens**

# What should you do?

**Speak to someone**

**It's never your fault and your feelings are valid.**

# What should you do?

**Report it**

**Is it serious enough?**

# How can you support others?



# Zero Tolerance Policy



# Scenario

Task one (page 6):

Your friend tells you that recently a student at school has started to make them feel **uncomfortable** as they've been giving them **unwanted attention**.

Your friend tells you that they've had **sexual comments** made about them, to their face and behind their back. They also say that they've noticed the other student staring at them for long periods of time.

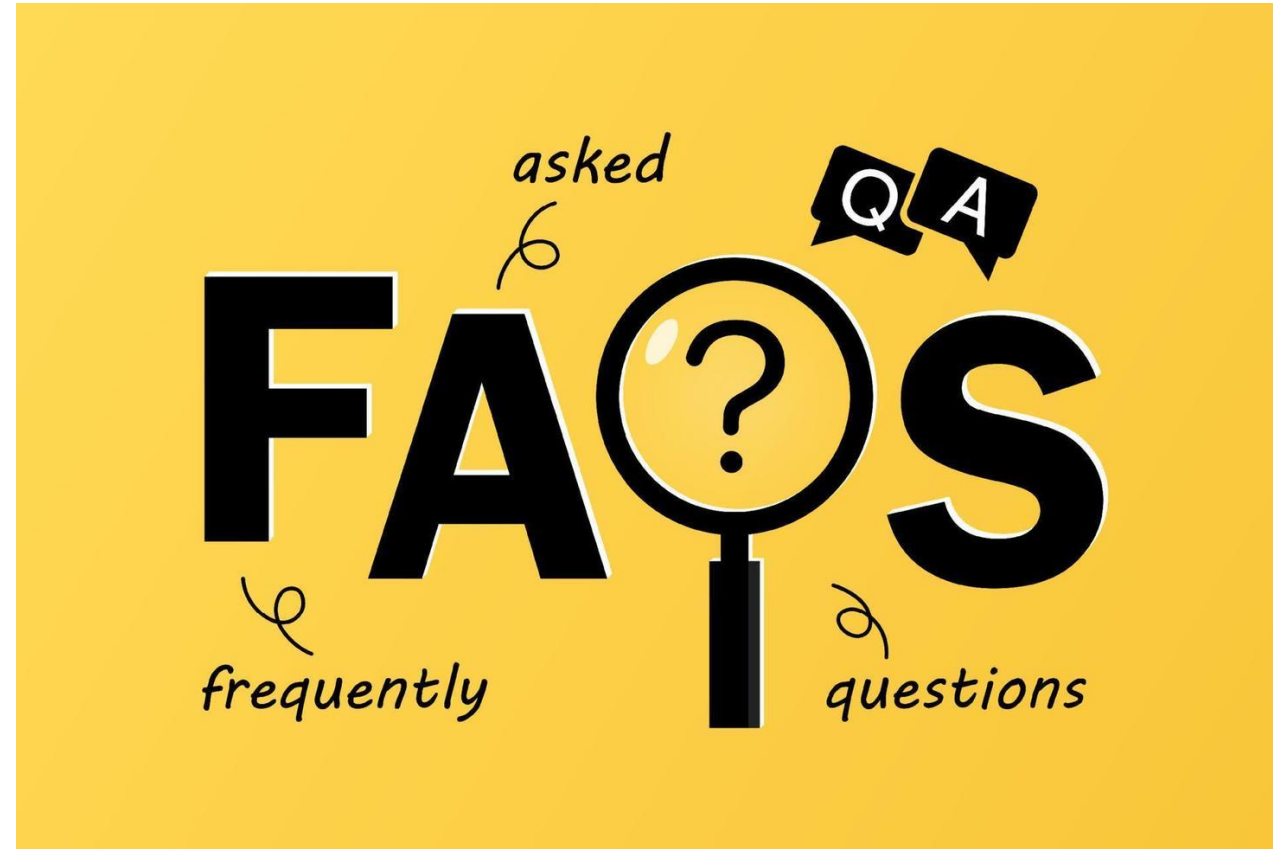
# Scenario

Your friend tells you that recently a student at school has started to make them feel **uncomfortable** as they've been giving them **unwanted attention**.

Your friend tells you that they've had **sexual comments** made about them, to their face and behind their back. They also say that they've noticed the other student staring at them for long periods of time.

**You should reassure your friend and listen to what they have to say. It's not always easy to open up to someone so make sure you are a good friend and listen to what they have to say. You could advise your friend to speak to the student and ask them to stop (only if they feel comfortable). They should also speak to a trusted adult so that it can be dealt with.**

# What is FAQs?



**What happens if one person is of consenting age and the other person isn't?**

**What should you do if you feel pressured to give consent?**

**What happens if someone changes their mind during sex and no longer wants to consent?**

**What happens if you are being  
abused or hurt while in a  
relationship?**

**What happens if someone does something without your consent?**

**If you are in an unhealthy relationship  
and you are threatened not to tell  
anyone, what do you do?**

## **NHS website or your GP**

[www.nhs.uk](http://www.nhs.uk)

## **Childline**

[www.childline.org.uk](http://www.childline.org.uk)

0800 1111

## **Relate Relationships Advice**

[www.relate.org.uk](http://www.relate.org.uk)

## **Brook**

[www.askbrook.org.uk](http://www.askbrook.org.uk)

## **Victim support**

<https://www.victimsupport.org.uk/>

## **You can also:**

- Speak to a member of staff at school – your Form Tutor, Head of Year or Key Worker. Any member of staff is here to help!
- Send an email to [safe@castle-tmet.uk](mailto:safe@castle-tmet.uk).
- Speak to an adult that you trust – this might be a sibling, a parent or grandparent. As long as this person is trustworthy then it's a good idea!