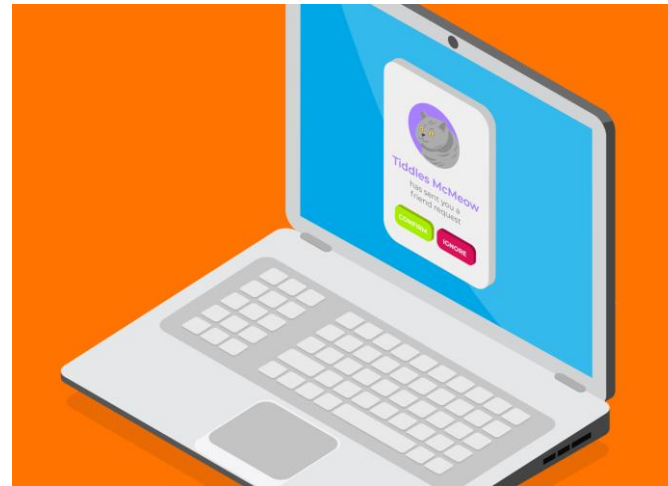


# What is grooming and how can I stay safe?

Revisit your baseline assessment on page 3 of your booklet.

With a green pen, write down anything else that you now know.

# Big question: What is grooming and how can I stay safe?



# Ground Rules

**Safe Space**

**Show Mutual Respect**

**Challenge Yourself**

# What is grooming?

**Grooming** is when someone builds a relationship, trust and emotional connection with a child or young person so they can manipulate, exploit and abuse them.

# Definitions

**Sexual Abuse** – When a child or young person is forced or tricked into sexual activities.

**Child Sexual Exploitation** – A type of sexual abuse. Children or young people are given things like gifts, drugs, money, status and affection in exchange for performing sexual activities.

**Trafficking** – Children and young people are tricked, forced or persuaded to leave their homes and are moved or transported and then exploited, forced to work or sold.

# What do they mean?

Task one (page 17):

# Tick and fix

<b>1</b>	Grooming	<b>B</b>	When someone builds a relationship, trust and emotional connection with a child or young person so they can manipulate, exploit and abuse them.
<b>2</b>	Child Sexual Exploitation	<b>A</b>	Children or young people are given things like gifts, drugs, money, status and affection in exchange for performing sexual activities.
<b>3</b>	Trafficking	<b>C</b>	Children and young people are tricked, forced or persuaded to leave their homes and are moved or transported and then exploited, forced to work or sold.
<b>4</b>	Sexual Abuse	<b>D</b>	When a child or young person is forced or tricked into sexual activities.

# What does grooming look like?

Children and young people can be groomed **online, in person** or both – by a stranger or someone they know. This could be a family member, a friend or someone who has targeted them.

A groomer can use the same sites, games and apps as young people

Groomers might also try and isolate children from their friends and family

# What are the signs of grooming?

Being very secretive about how they're spending their time, including when online

Being upset, withdrawn or distressed

Spending more time away from home

Having an older boyfriend or girlfriend

Underage drinking or drug taking

Sexualised behaviour, language or an understanding of sex that's not appropriate for their age

Having money or new things like clothes and mobile phones that they can't or won't explain

Spending more or less time online and on their devices

# What impact can grooming have?

Grooming can have both **short** and **long-term effects**.

- Anxiety and depression
- Eating disorders
- Post-traumatic stress
- Difficulty coping with stress
- Self-harm
- Suicidal thoughts
- Sexually transmitted infections
- Pregnancy
- Feelings of shame and guilt
- Drug and alcohol problems
- Relationship problems with family, friends and partners.

# Who's at risk?

Any child is at risk of being groomed.

Children who are groomed online could be abused by someone they know.

Some children are more at risk of grooming, particularly those who are vulnerable.

Groomers will exploit any vulnerability.

# What to do if you think you're being groomed?

**Ask the person to stop**

**Tell an adult you trust**

**Report it**

# How are grooming and sexting linked?

## Recap from year 8:

The act of sending or receiving sexually explicit images, videos, or text messages between electronic devices, such as smartphones

# What happened?

Page 17 as you watch

# How are grooming and sexting linked?



# Tick and fix

1. Who is Andy and how did he know Sarah?  
Andy doesn't know Sarah. He added her randomly. Andy is a stranger to Sarah initially.
2. How did Andy gain Sarah's trust?  
Gave her compliments. Gave her reassurance and affection.
3. Why does Andy want photos of Sarah?  
It's hard to know for sure. He uses the photos in the story to blackmail Sarah.
4. What could Sarah do in this situation?  
Report Andy to the police or CEOP. Talk to her family or a trusted adult. Talk to a member of staff at school.

## **Turn and talk:** What advice would you give?

*Your friend has recently made an Instagram page, and they are getting lots of follower requests from people who they don't know.*

*They've sent some DMs asking about their school and where they live.*

# **Turn and talk:** What advice would you give?

*When on your friend's social medial profile you realise that they have lots of information readily available like their address, their birthday and their date of birth.*

## **Turn and talk:** What advice would you give?

*Your friend has started talking to a new person online. They seem really happy and the person seems very kind. You don't recognise the name and you don't know any of their mutual friends.*

## **Turn and talk:** What advice would you give?

*You notice that your friend has their location showing on Snapchat. You know that they often add and accept requests from people that they don't know.*

When marking your answers it's important that you use green pen to tick or cross. If your answer is wrong, you must correct it using green pen.

After marking the quiz, you should write your score at the bottom.

There will be lots of merits available so try your best!

# Endpoint Assessment

1. 'Any contact between people which is designed to sexually arouse a person' is the definition of which key term? **Sex / sexual activity**
2. What is consent? **An agreement or willing for something to happen**
3. What is sexual harassment? **Any form of unwanted sexual behaviour.**
4. True or false: Anyone can experience sexual harassment or violence. **True**
5. Name **one** consequence of sex.  
**e.g., pregnancy, STIs, emotional distress, legal consequences, breakdown of relationships**
6. What does STI stand for? **Sexually Transmitted Infection**
7. How can you protect against STIs?  
**Use condoms, talk about STI concerns with your partner, get regular tests for STIs**
8. Name **three** different types of contraception.  
**e.g., internal condom, external condom, the pill, the implant, the injection, the IUD (copper coil, the IUS (hormonal coil),**

9. What should you check for before using a condom?

The expiry date or any holes in the packaging.

10. What does the law say about sexting?

It is against the law to send nudes or sexual videos of you or anyone else.