

Do Now

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Do Now

Consent – Agreement for something to happen.

Sexting - When people share a sexual message and/or a naked or semi-naked image, video or text message with another person.

Gender Identity – The gender you identify as, which may be different from your sex.

Sexual harassment – Sexualised behaviour that makes you feel uncomfortable.

Relationship – A connection between two or more things.

What is contraception?

Ground Rules

Safe Space

Show Mutual Respect

Challenge Yourself

Sperm

Sex

Periods

Contraception

Vagina

STIs

Condom

**Menstrual
cramps**

Reproduction

Cervix

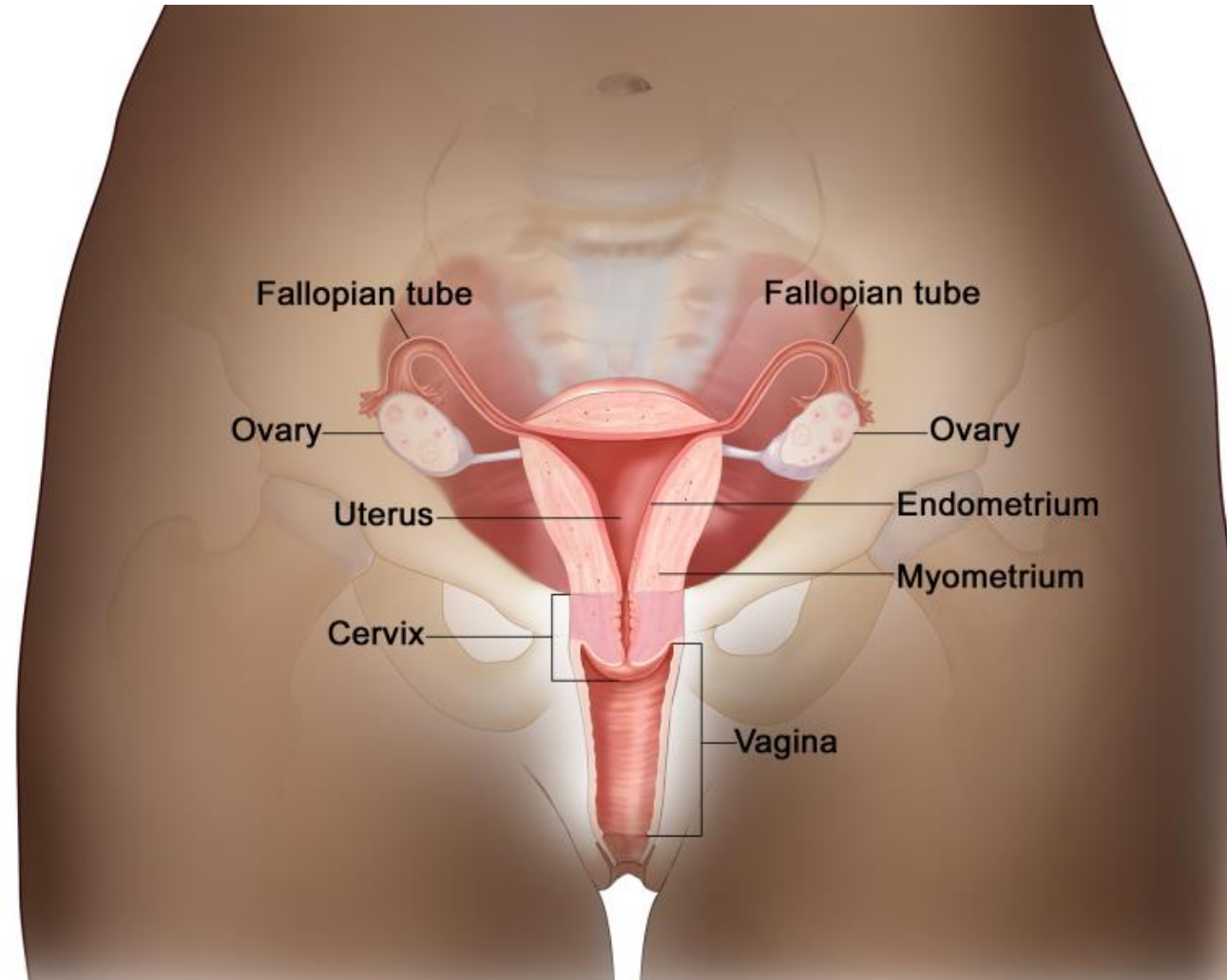
Penis

Pregnancy

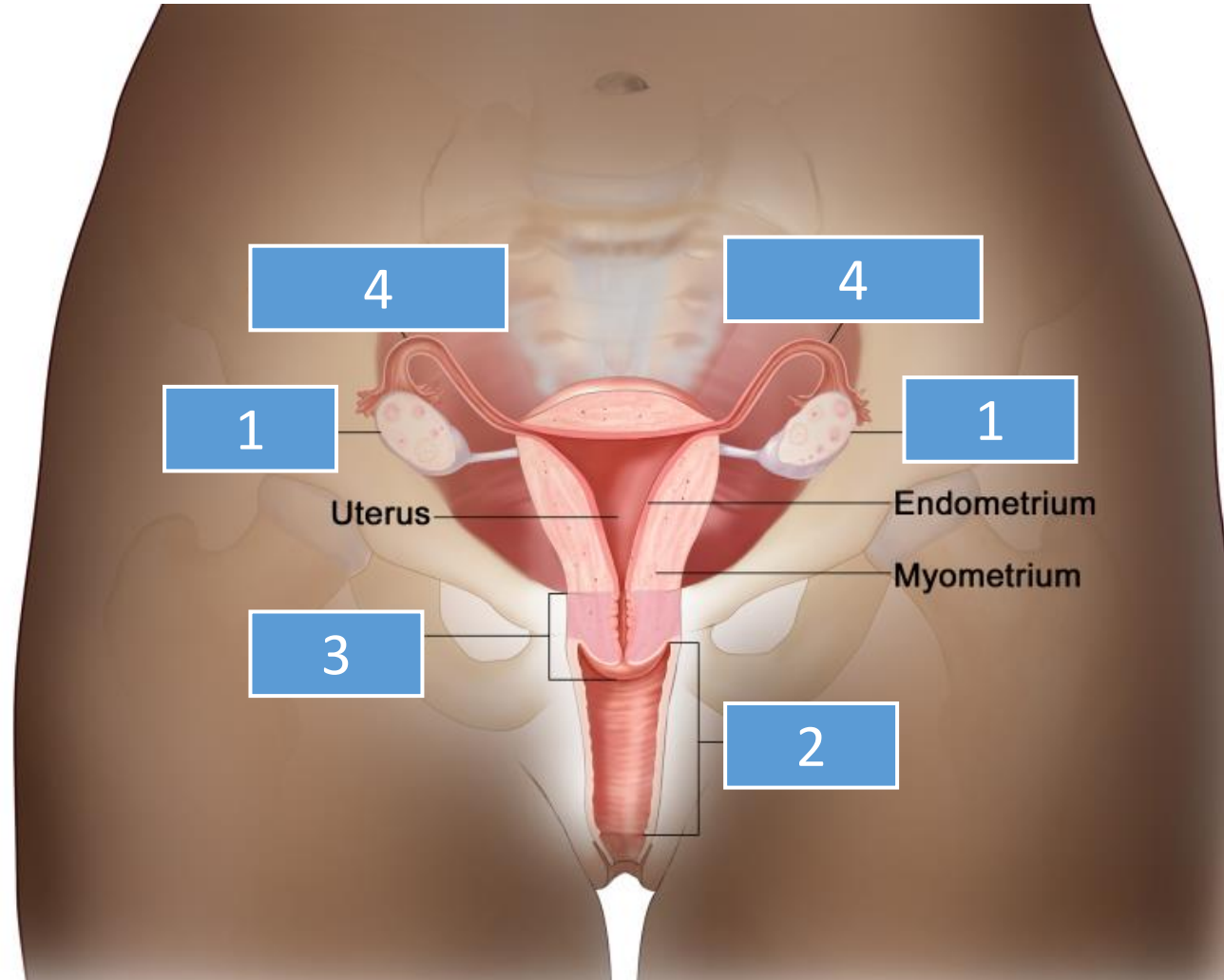
What is contraception?



Female reproductive system



Task 1 (page 15)



What is the pill? (Oral Contraceptives)

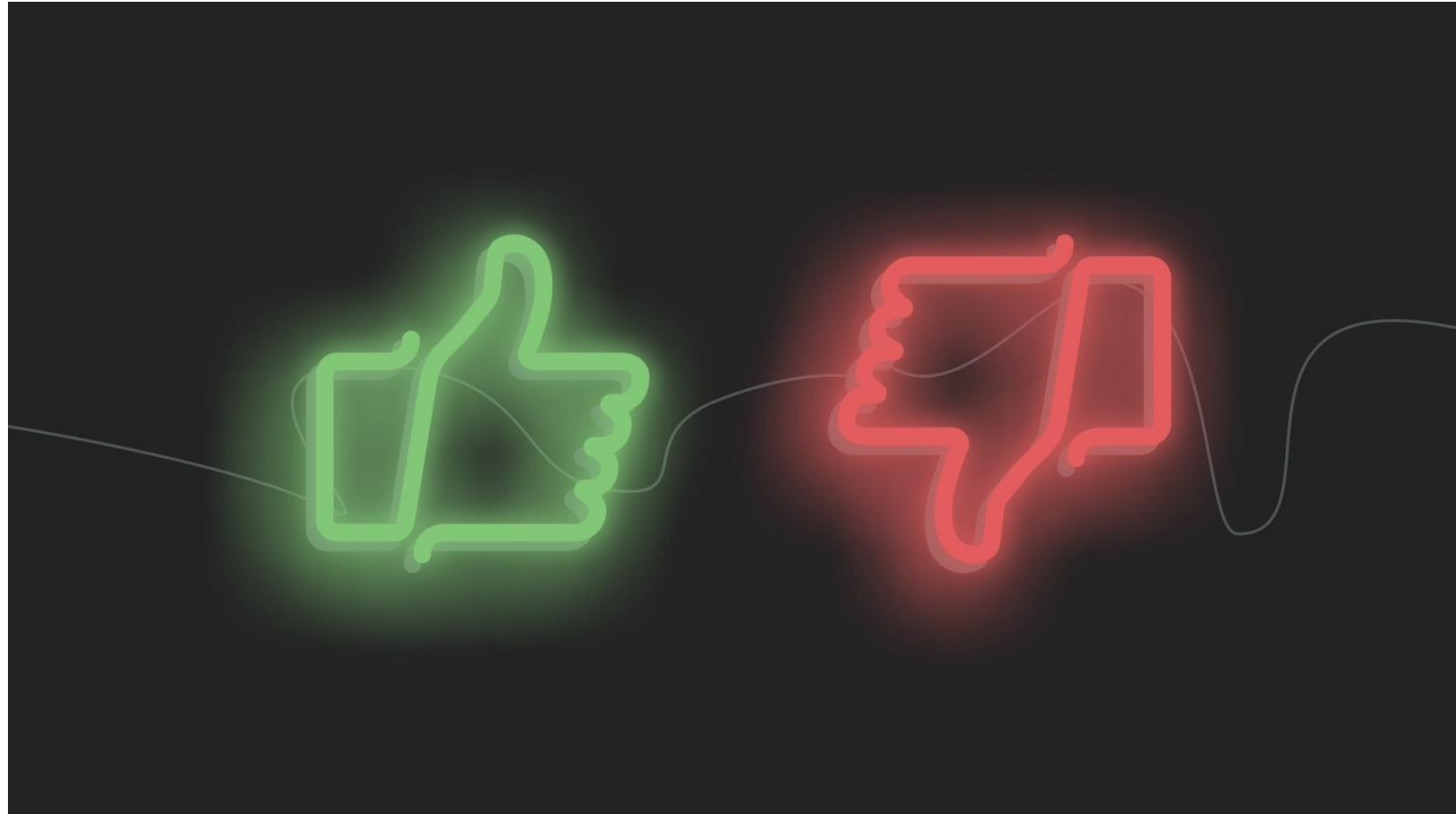


Efficacy – the ability to produce a desired or intended result

92% normal use

99.7% perfect use

What are the pros and cons?



What is the pill?

Turn and Talk:

1. What is the pill?
2. How does the pill work?
3. How effective is the pill with normal use?
4. What is one advantage of the pill?
5. What is one disadvantage of the pill?

What is a male (external) condom?

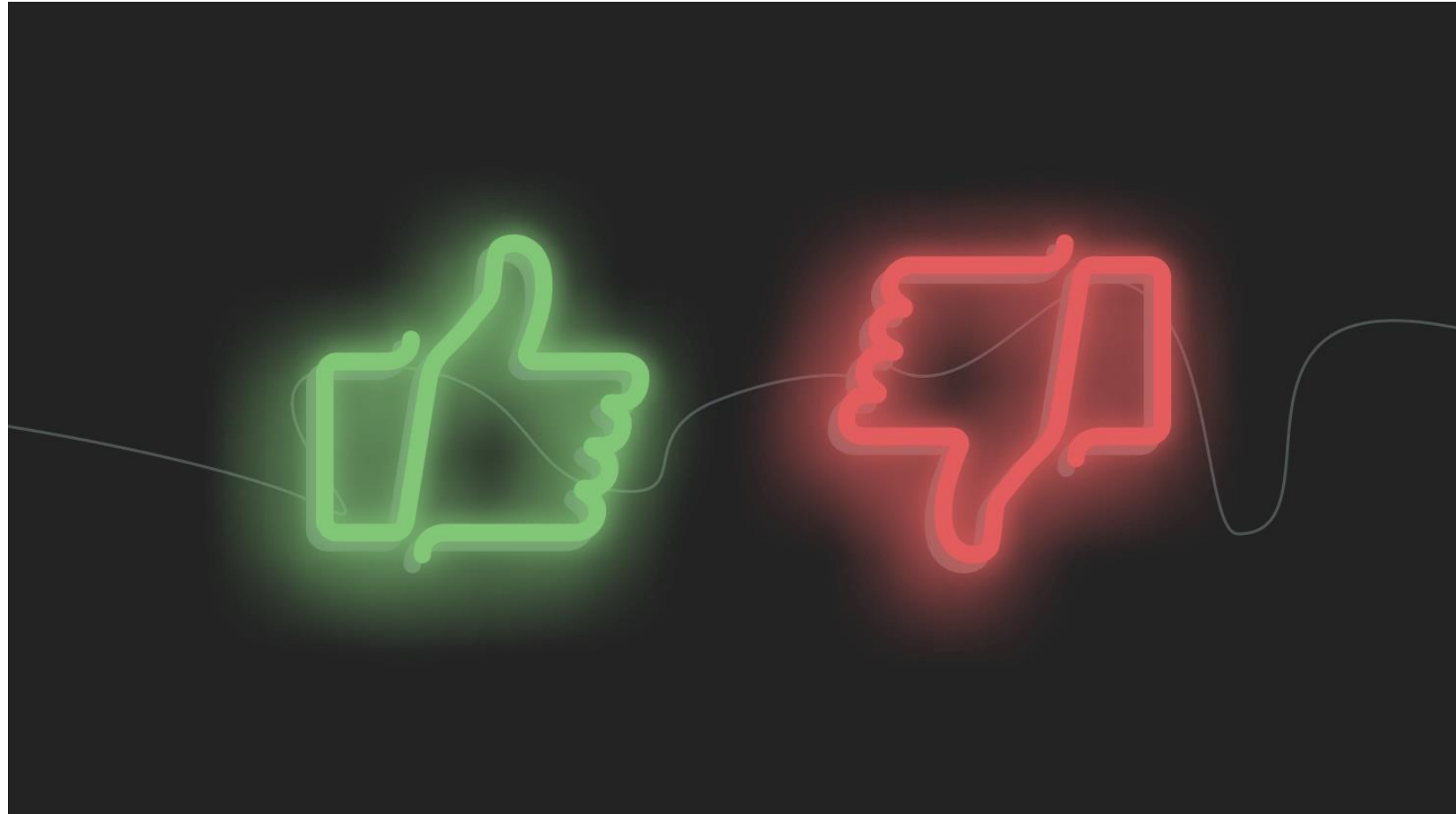


Efficacy

85% normal
use

98% perfect
use

What are the pros and cons?



What should you do?

What **to** do

- Expiry date
- BSI kite mark or CE mark
- Brand new condom
- Water-based lubricant
- Don't rip them

What **not** to do

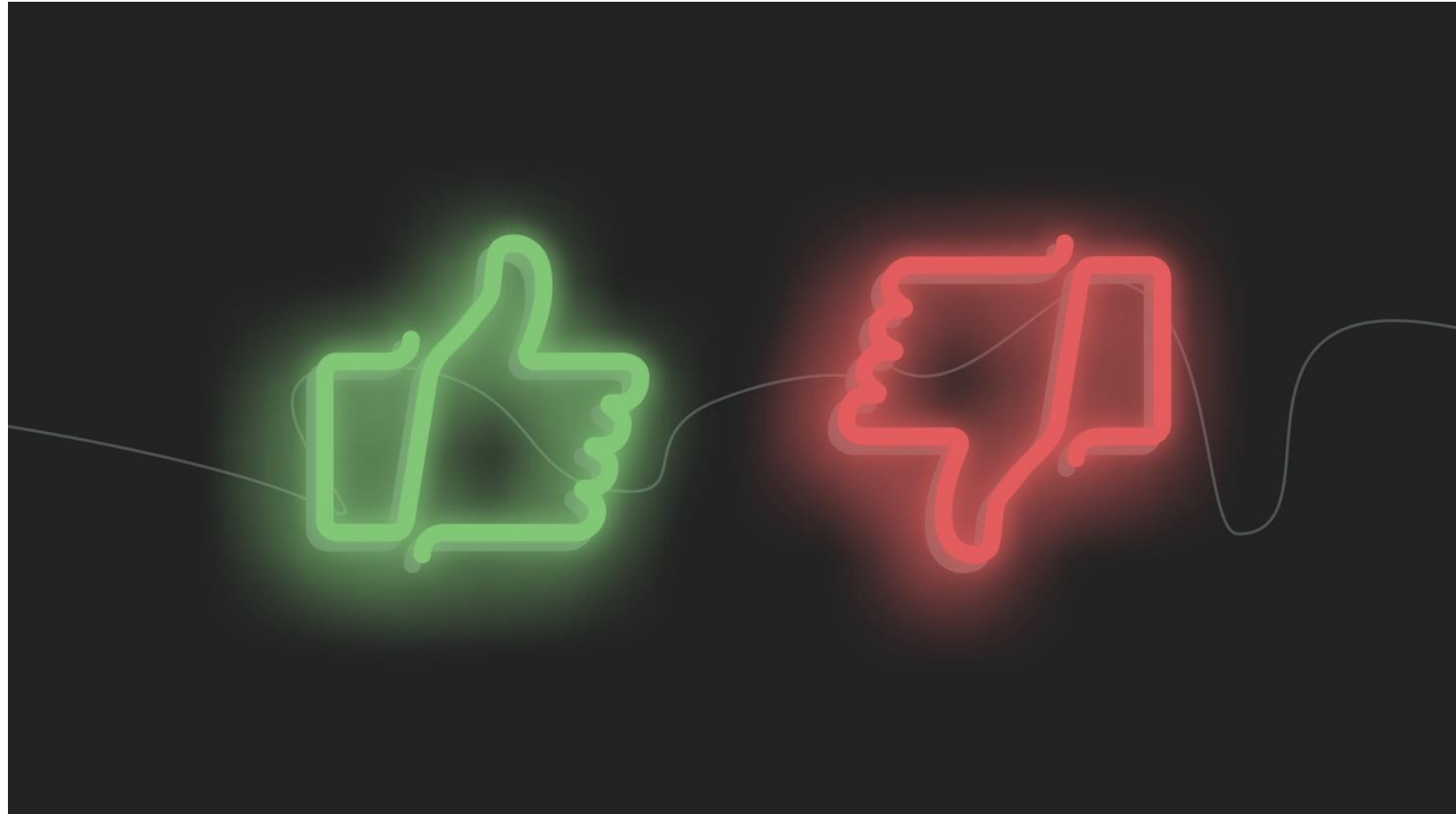
- No rips
- More than once
- Oil-based lubricant
- Failed to put it on right the first time

What is a female (internal) condom?



Efficacy
95% perfect
use

What are the pros and cons?



What's the difference?

Turn and Talk: What are the similarities and differences between internal and external condoms?

Similarities	Differences
<ul style="list-style-type: none">• Both protect against STIs and pregnancy• Both can be used with other contraceptive methods• Both are barrier methods• You only need to use them when you have sex• You should only use them once	<ul style="list-style-type: none">• Male condoms are worn on the penis whereas female condoms are inserted into the vagina• Female condoms are more expensive• Female condoms are less readily available

Endpoint Assessment

Task two (page 15)

Task three (page 15)

1. Give one characteristic of a healthy relationship. e.g., honesty
2. What is a red flag?

In relationships, particular romantic relationships people sometimes refer to **red flags**. This is often used to describe an action that is alarming or worrying.

3. What is gender identity?

Related to a person's innate sense of their own gender, whether male, female or something else, which may or may not match the sex assigned at birth.

4. What is sexual orientation?

Who you're attracted to or fancy and who you want to have a relationship with.

5. What is consent?

Agreement or willingness for something to happen

6. Why is there an age of consent?

To ensure people are mature enough and kept safe

7. 'Any form of unwanted sexual behaviour' is the definition of which key term?

Sexual harassment

8. What does the law say about sexting in the UK?

It's illegal when under the age of 18

9. What is contraception?

Methods used to prevent pregnancy and in some cases STIS

10. Name **one** type of contraception.

e.g., the pill, the condom

NHS website or your GP

www.nhs.uk

Childline

www.childline.org.uk

0800 1111

Leicester Sexual Health

www.leicestersexualhealth.nhs.uk

**Medway Contraception and
Sexual Health Clinics**

www.cloverstreet.nhs.uk

0300 790 0245

Brook

www.askbrook.org.uk

0808 802 1234

You can also:

- Speak to a member of staff at school – your Form Tutor, Head of Year or Key Worker. Any member of staff is here to help!
- Send an email to safe@castle-tmet.uk.
- Speak to an adult that you trust – this might be a sibling, a parent or grandparent. As long as this person is trustworthy then it's a good idea!