



Year 9 Castle Character Time Electives



CASTLE MEAD
ACADEMY

Mastery, Courage and Fulfilment

- Read through all the different electives and pick your top four choices for Thursday

Thursday Elective Options

1. Girl's Rugby: Miss Simpkin Year 9 (This will run until 4pm)



Girl's rugby is a great way to improve team-work skills, communication and develop leadership qualities whilst taking part in an active sport. You will be introduced into the world of rugby and learn how to play the game through practical sessions whilst keeping fit at the same time. There's no need to worry if you have never experienced playing rugby before, we are all here to learn! You will learn how to pass a rugby ball, tackle and use your team-work and communication skills in small games against other scholars. If we succeed then there will even be fixtures against other school teams! Come on girls of CMA!

2. Badminton Society: Miss Pritchard: Year 9 (this will run until 4pm)

Badminton club will help you develop the skills needed to play the game either competitively or recreationally in doubles and singles. Not only will it keep you active, but badminton club will give you opportunity to socialise, develop your hand-eye coordination and improve as an athlete. If you are keen to master communication, hand-eye coordination and develop your resilience, the badminton club is the right place for you.



3. Cooking Society: – Year 9 only



Want to expand on your cooking skills and learn about different types of dishes around the world? In Cooking Society, you will be building and developing your cooking skills already developed in your Food lessons and will also learn about different food from around the world!

4. Poetry By Heart: Ms Woods and Miss Rai- Year 8 and 9

Want to develop your performance or public speaking skills? Want the chance to represent Castle Mead Academy in the national Poetry by Heart championship?

This term, Poetry in Voice brings you the exciting opportunity to be immersed into the world of poetry and performance. Ms Woods and Miss Rai will talk the through the history of some of humankind's greatest poetic works, from which you will select the two which speak to your heart. You will then learn them off by heart and develop your performance and recitation skills. We will then host the annual CMA Poetry by Heart Competition – the first one ever in our brand new theatre - to crown the champions of 2021, and will then be our school's representative in the national Poetry by Heart competition.

POETRY BY
HEART

5. Beginner Mandarin Society: – Year 8 and 9



Mandarin is spoken by over 730 million people in the world. If you also want to learn how to speak Mandarin, then this is the society for you. You will learn the foundations of Mandarin, including different symbols and the history of the language. You will enjoy this elective if you like learning new languages and are up for a challenge!

6. Beginner's German Society: Mrs Murphy – Year 7, 8 and 9

This introduction to German will enable you to introduce and describe yourself and your family in German. You will also learn about German culture and in Cycle 2 there will be the opportunity to continue with German and build on what you have learned. You will enjoy this elective if you enjoy languages – perhaps French or other languages you have learned at primary school or at home. Knowledge begets knowledge – the more languages you know, the easier it becomes to learn new ones!



7. Tai Chi: Mr Sikotra - Year 7, 8 and 9



Originally developed for self-defence, tai chi has evolved into a graceful form of exercise that is often described as meditation in motion. Tai chi promotes serenity through gentle, flowing movements. Tai chi is an ancient martial art that involves a series of movements performed in a slow, focused manner and accompanied by deep breathing.

8. The School Show (ONLY IF YOU ARE AUDITIONING- PUT AS 1st CHOICE)



9. Dance Society: Miss Walker and Miss Hammond – Year 7, 8 and 9



Do you want to build your character and get fit all at the same time? Then Just Dance is for you! This will really build your character by showing resilience and working hard to get moving and follow along with the routine. You will also be showing great kindness in a safe space to have a giggle, get moving and have some fun!

10. Castle Coalition: Miss Dunn – Year 7, 8 and 9

Castle Coalition will give you and insight into being an excellent team player. Through different games, activities and tasks you will begin to master a range of different skills, the most important being teamwork. Castle Coalition will give you the courage to become a leader, a trait we want you to leave CMA with.



11. Girls' Football Society: Miss Hartfield and Mr Weston- Year 7, 8 & 9 (this will run until 4pm)

Football club will give scholars the opportunity and chances to potentially compete in tournaments for the school! During football club scholars will train and develop their own footballing ability as well as working as a team to try and bring some glory back to Castle Mead. Whether you want to play for the team or just play recreationally football at Castle Mead is for everyone.



12. Introduction to Brass Playing: Mrs Hounsome- Year 8 and 9

This elective will give you the opportunity to learn a new musical instrument. The 'pBuzz' offers a fun first step into brass playing. With access to your own pBuzz for the CCT cycle, you will master the basic skills involved in playing a brass instrument and reading music. This practical focused CCT elective will involve playing the pBuzz in each session, leading towards a performance at the end of the cycle. The skills that you develop on the pBuzz could act as a steppingstone towards taking up a brass instrument in the future, such as the trumpet or trombone.



13. The Creative Collective: Miss McAusland and Miss Smith- Year 9 only

Join us in the art studios to explore ceramics, print-making and photo-journalism. Meet like-minded Castle Mead artists and make artworks together exploring our new facilities. Create a sculpture out of clay, explore lino-cut, lithography and etching in the Print Studio and complete the reportage journey of our new school through the lens of our SLR cameras. Come and create art to exhibit at our next CMA art exhibition!



14. Photography Society: Mr Carroll- Year 9 only

The Photography elective will give you an in depth understanding of the various types of Photography and how these can lead to interesting and fulfilling careers.

You will learn the basics of how a DSLR camera works and how to operate these cameras to achieve the desired photographic result. You will have the opportunity to take a range of photographs and learn how to edit them using online software. In the final week of the Castle Character Time cycle your images from one of the topics will be displayed in the main canteen and available to purchase.



15. Charity Society: Miss Modwadhia – Year 9 only

Charity Club will give you a deeper understanding of what a charity is and what different charities there are in your community and nationally. In teams, you will be deciding which charities the school will be raising money for and what fundraising event you would want to do. You would then plan and market the event before finally running the event in the final week of the Castle Character Time cycle!



16. Library Ambassadors: Mr Bensley – Year 9 only



Do you love books and reading? Would you like to encourage other students to read and use the library? Are you a leader? Do you like having responsibilities and knowing people rely on your help? Mr Bensley is looking for a team of scholars to become library ambassadors to help him make sure everyone at Castle Mead loves to read and knows how to find books that are perfect for them. You would also become an expert on how our school library works so that you can help other students to use the library.